

NAVIGATING MEDIA FROM A CHRISTIAN PERSPECTIVE

HELPING YOUR CHILDREN
MAKE GOOD CHOICES
BASED ON BIBLICAL
TEACHINGS



Little Bit of Lavender

NAVIGATING MEDIA FROM A CHRISTIAN PERSPECTIVE

This ebook is meant to help you navigate media from a Christian perspective. Using scriptures from the Bible to help you teach your children about how to use technology in a safe and effective way.

It begins with verses to use and how these verses apply to media. Then we will dive deeper into how to teach children

I pray this resource helps you navigate the changing (digital) media landscape so you can educate your kids to be children of God

-Alyssa (Little Bit of Lavender)



GUARD YOUR HEART AND MIND



The first thing we need to teach children about media is to guard their heart and minds. Our heart is where everything flows from and if we fill it with images or ideas that do not benefit us in our walk of faith, they can hurt us in the long run.



LISTEN TO YOUR MOM AND DAD



It can be hard for children to stop doing something they enjoy but when it comes to media they need to learn to honour their father and mother. God commands this of children so they are kept safe and can be taught in a way that will nurture their Christian life.



Whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.

Philippians 4:8



CHOOSE
THINGS THAT
ARE
HONOURABLE,
JUST AND PURE



What should we fill our heart and mind with? Things that are true, honourable, just and pure to name a few. God does not want us to focus on things that would turn us away from Him. If you find yourself focusing on media that is not pleasing to God (it wouldn't fit into the category of this verse) then it likely isn't something worthy of our attention.



Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil.

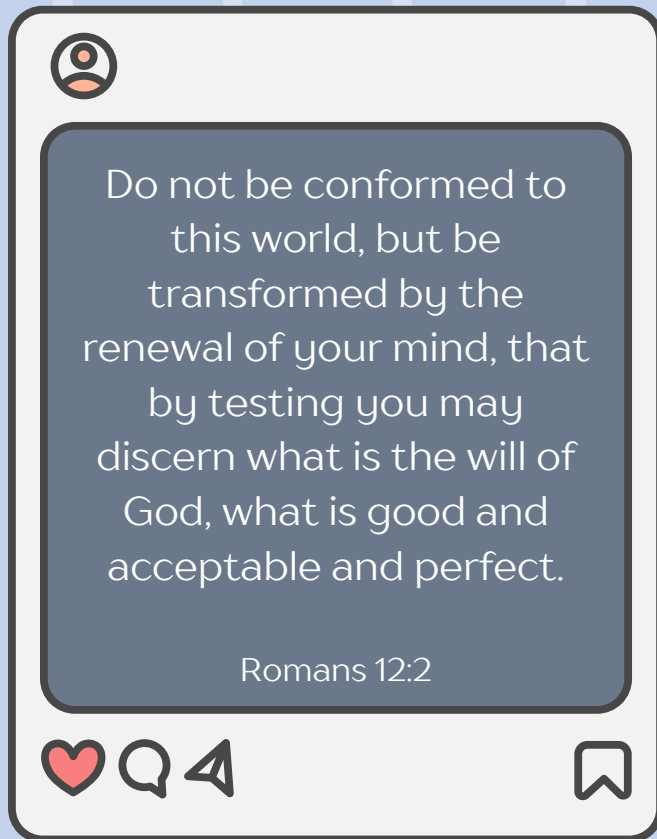
Ephesians 5:15-16



BE GOOD STEWARDS OF YOUR TIME



Media is a great way to learn and be entertained, but it also can be time-consuming. Just track your own social media use and you'll see how much you spend sitting in front of a screen. God asks us to be good stewards with the time He has given to us, being careful not to waste too much of it on frivolous activities.



Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Romans 12:2

DO NOT BE
CONFORMED
TO THIS
WORLD



Much of what we see and hear in media is worldly. It's intent is to entertain and in order to do that, sometimes there is some less than Christian material used to entice viewers or listeners.

Teach your children to choose things that are wholesome. This means making the difficult decision not to entertain ourselves with things that are not acceptable or pure. We should not conform ourselves to what the world deems acceptable. If God wouldn't watch it, neither should we.



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