



A Kid's Fruit Basket

Fruits of the spirit for young
kids!

Alyssa Gale

Hey Adults! If you're checking out this devotional for your child, read this first.

This book was written for children ages 3-5. The devotionals are short and encourage your child to practice one fruit per day. There are questions to ask, a short devotional, prayer and bible verse. It's all written and explained in child-friendly language to help them understand.

It's ideal for mealtimes or before bed when you can encourage a little bit of discussion. There may be things that need additional explanation, depending on the age and stage of your child.

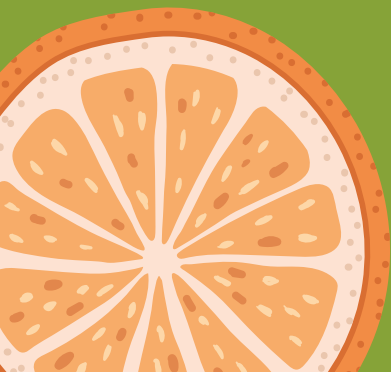
Gently remind your child throughout the day about the fruit they should be practicing. Refer back to previous fruits if need be (self-control requires patience, kindness requires love etc.)

Most importantly, practice each fruit with your child! I hope it brings love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control into your homes!

Don't forget to go to Amazon and leave a review there!

-Alyssa

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.



Galatians 5:22-23

Galatians 5:22-23

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things, there is no law.

“What’s your favourite kind of fruit?”

“Did you know fruit is healthy for our bodies?”

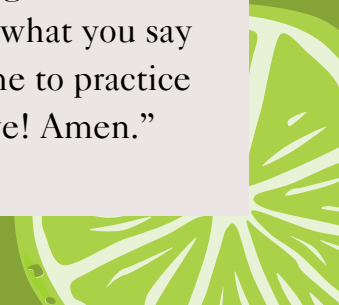
God gave us good fruit to eat! Apples, bananas, watermelon, blueberries...everything came from God. He wants our bodies to grow strong!

He also wants our spirits to grow strong. That means he wants us to have strong hearts that love him! So he gave us “Fruits of the Spirit” to help us.

These are the ways we should act to show everyone we are Christians. Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. When we practice these things we show everyone how much we care about them and how much God loves us!

Let’s pray:

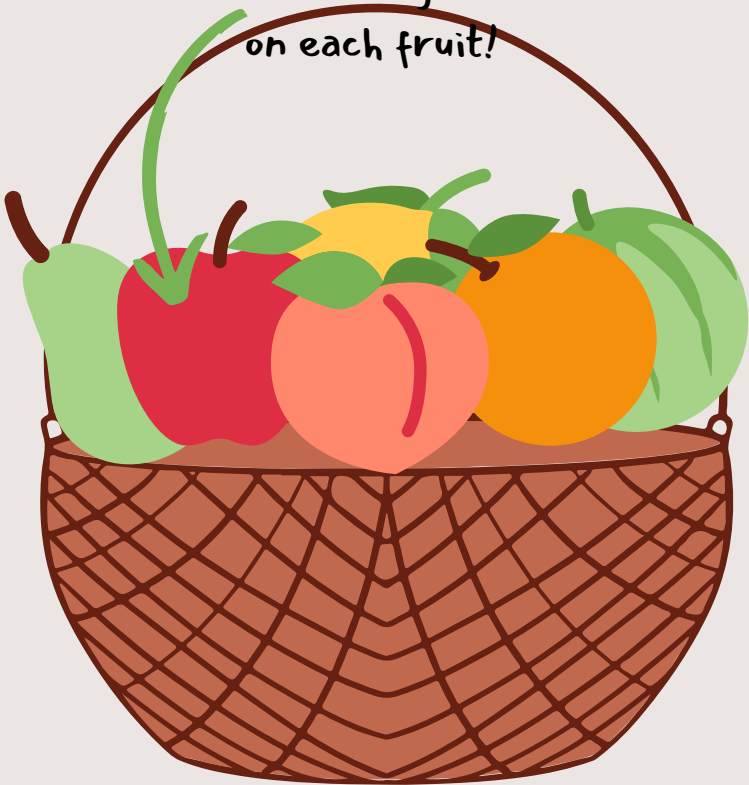
“Dear God, thank you for giving us good fruit to eat. Help me listen and understand what you say about the fruits of the spirit. Help me to practice them and show everyone your love! Amen.”



God's Fruit Basket

Let's get ready to fill our fruit basket's
with God's good fruit!

You can write your ideas
on each fruit!



Love

John 15:12

This is my commandment, that you love one another as I have loved you.

“What do you love?”

“Who do you love?”

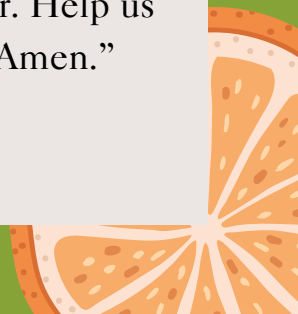
“How do you show love?”

Love is pretty amazing, isn't it? Better still, God loves us more than we could ever know! His love surrounds us everyday and fills our lives with good things. Even if we do things that we know we shouldn't, God doesn't stop loving us.

It's important that we also love each other, just as God loves us. We need to take care of one another, use kind words and share. That shows other people God's love too! We want to spread God's love everywhere because he first loved us.

Let's pray:

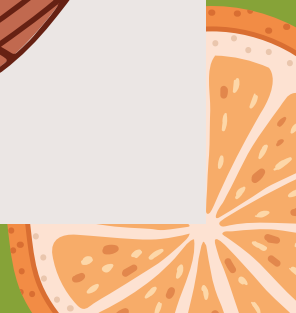
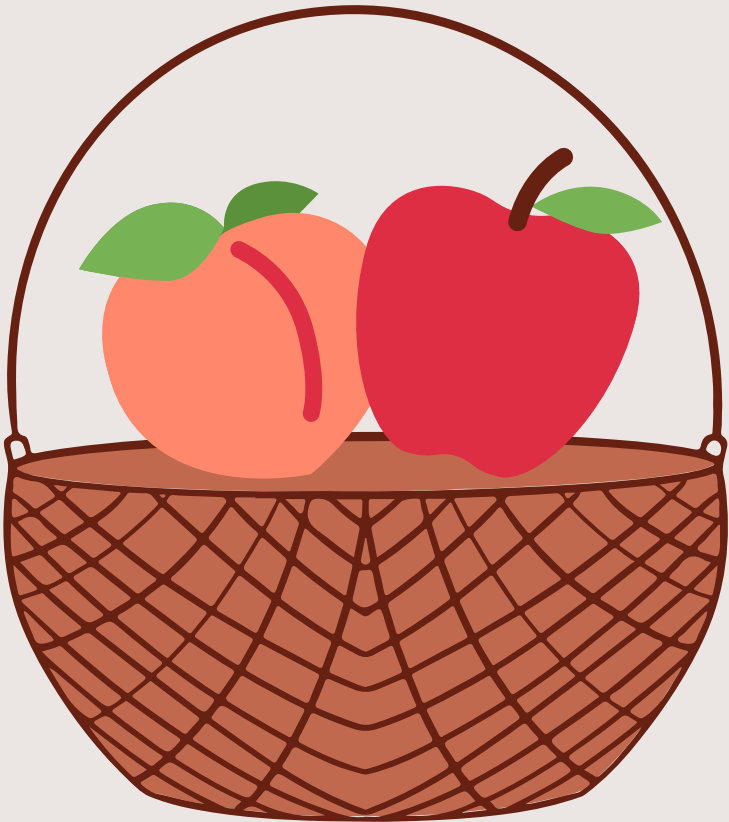
“Dear God, thank you for loving us. Thank you for showing us how to love each other. Help us find ways to love everyone today! Amen.”



Love

How Can We Show Love?

Let's fill our fruit basket with ideas to show love!



Joy

Psalm 47:1

Clap your hands, all peoples!
Shout to God with loud songs of joy!

“What do you enjoy doing?”

“Why does God want us to enjoy things?”

God loves it when we laugh and play. God loves all the little children and wants them to be part of his family. He wants to enjoy them too!

He wants us to have joy. He wants us to enjoy the world he has created. We should sing, dance and praise God for his wonderful works. We should spread our joy to others so everyone can feel it too!

Let's Pray:

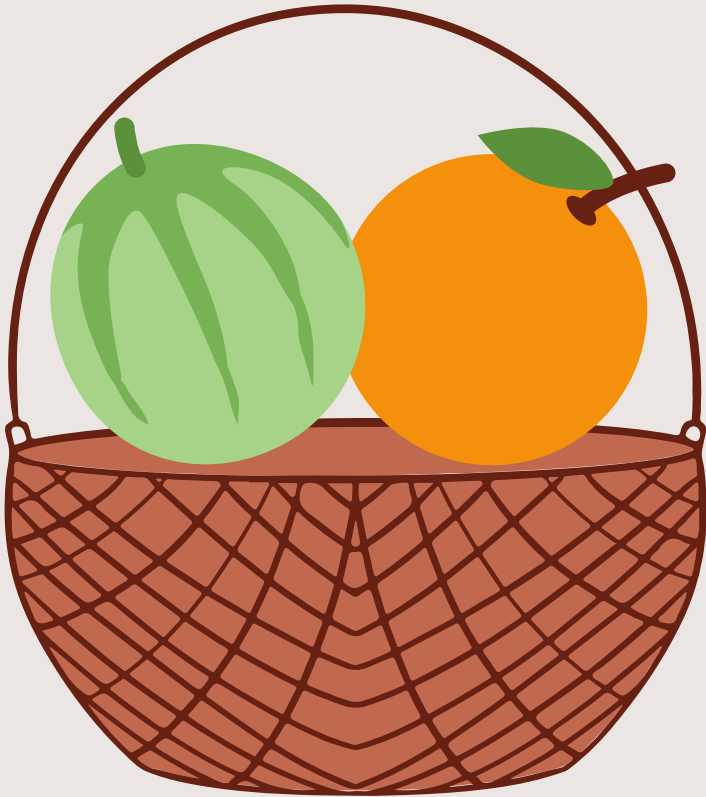
“Dear God, thank you for giving us so many things to be joyful for. Help us to share our joy with others so they know what an awesome God you are!”



Joy

How Can We Show Joy?

Let's fill our fruit basket with ideas to show joy!



Peace

1 Peter 5:7

Cast your cares on him, because he
cares for you.

“What’s something that makes you worried or
upset?”

God likes it when we are joyful, but God also
likes it when we are peaceful. This means he
doesn’t want us to worry about things. God is a
God of peace, he wants to take care of us and our
needs. We shouldn’t worry about anything!

This can be hard. Sometimes we think of things
that bother us and let it turn into a worry.
Instead, we should ask God to give us peace in
our hearts! He doesn’t want us to worry or feel
afraid. He loves us so much he wants to give us
peace!

Let’s pray:

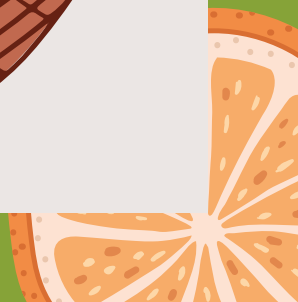
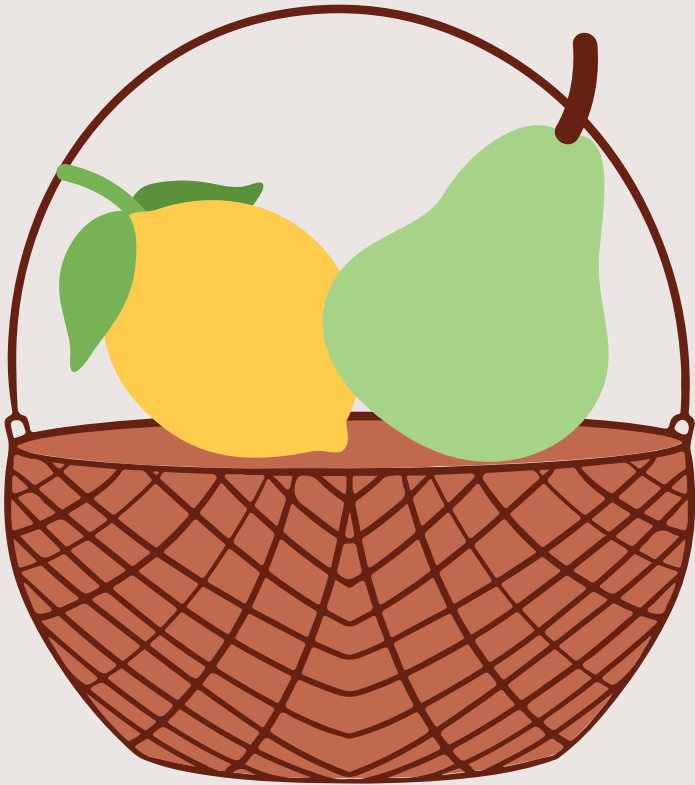
“Dear God, thank you for being bigger than all
our problems. Thank you for taking our worries
and replacing them with peace. Please help us to
feel your peace every day. Amen.”



Peace

How Can We Show Peace?

Let's fill our fruit basket with ideas to show peace!



Patience

Isaiah 40:31

But they who wait for the LORD shall
renew their strength; they shall mount up
with wings like eagles; they shall run and
not be weary;
they shall walk and not faint.

“Do you like waiting for things?”

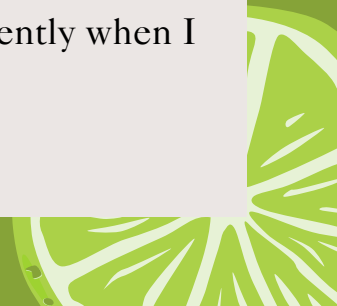
“Is it easy to wait?”

It can be hard to wait. Especially if it's something fun, like going outside or heading to a friend's house. Sometimes we forget we need to be patient. Sometimes we need to ask God to help us be patient.

Often times, God asks us to be patient because he has a plan. It can be hard but it's important to listen to God. He has good things for us, we just have to be patient. He will give us wonderful things when he is ready!

Let's pray:

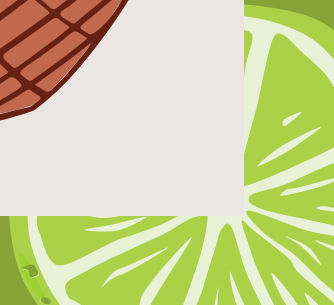
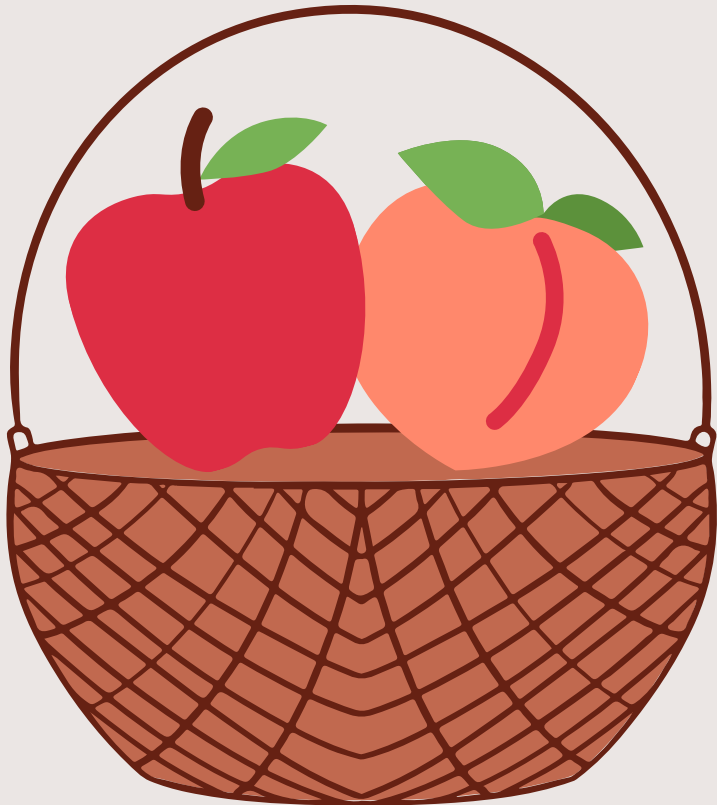
“Dear God, thank you for giving us wonderful things. Please help me to wait patiently when I am asked! Amen.”



Patience

How Can We Show Patience?

Let's fill our fruit basket with patience!



Kindness

Ephesians 4:32

Be kind to one another,
tenderhearted, forgiving one another,
as God in Christ forgave you.

“What are some kind acts that you’ve done?”

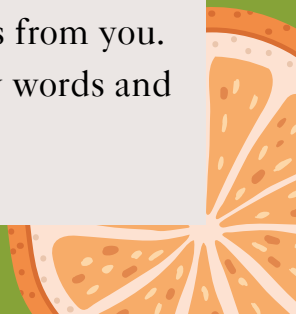
“Who should we be kind to?”

Being kind is important. Kindness shows others that we care and love them. When we are kind to our siblings or friends, it helps everyone play together without getting upset. It also makes God happy.

God wants to see us treat one another with kindness and respect. This means using kind words when talking to someone. It also means doing kind things, like sharing a toy. The best part is that it shows everyone the love we have in our hearts. Love for others and love for God!

Let’s pray:

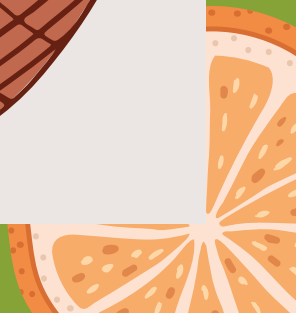
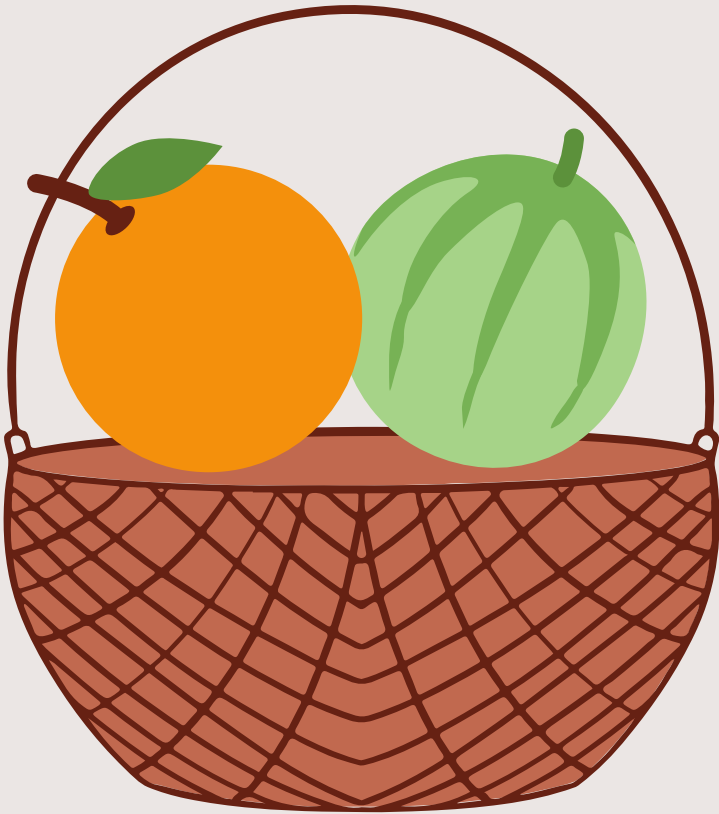
“Dear God, thank you for being so kind to us!
Thank you that we can learn kindness from you.
Please help me to be kind today in my words and
actions. Amen.”



Kindness

How Can We Show Kindness?

Let's fill out fruit basket with kindness!



Goodness

Romans 12:21

*Do not be overcome by evil, but
overcome evil with good.*

“Do you like being good?”
“Is it hard to be good sometimes?”

God is good to us, every day. He fills our lives with good things so our days can be enjoyable.

But God also wants us to be good. Not just for our parents, but for everyone, including ourselves. He wants us to choose good things that will help us in our lives.

We should choose good books, good TV shows and good games. These choices will fill our minds and hearts with good things. Then we can share the goodness with others!

Let's pray:

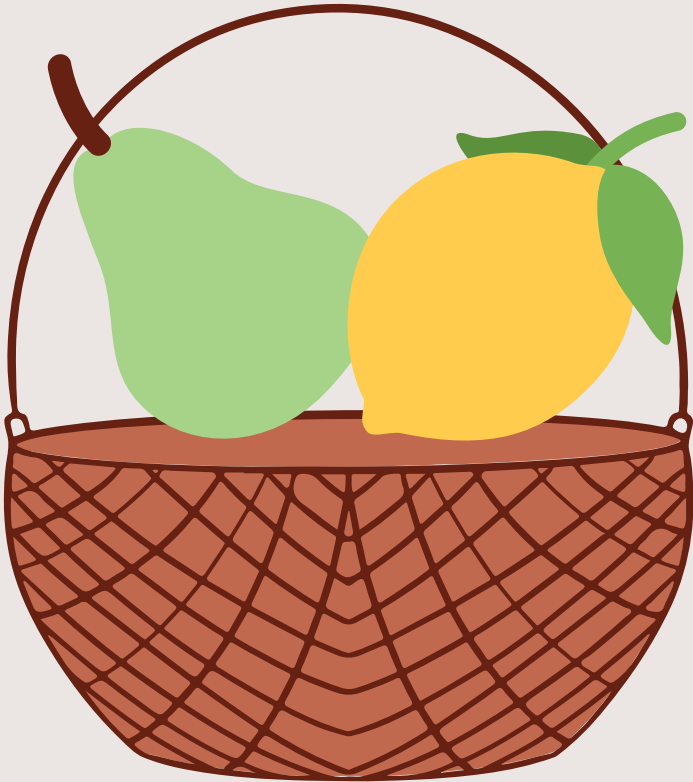
“Thank you, God, for being good to us. Help us choose good things today that will fill our lives with goodness! Amen.”



Goodness

How Can We Show Goodness?

Let's fill our fruit basket with goodness!



Faithfulness

2 Thessalonians 3:3

But the Lord is faithful. He will establish you and guard you against the evil one.

“Do you have a belly button?”

“Do you always have a belly button, even if you can’t see it?”

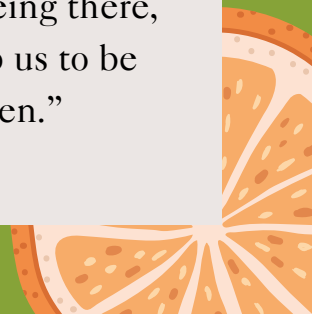
That’s what faith is. When we know something is there, even when we can’t see it.

Just like God! We can’t always see God, but he is always there. God wants us to show him we love him by being faithful. This means doing what God asks. Things like obeying our parents, playing cooperatively and using kind words.

Sometimes it’s hard to follow God’s instructions but when we do it shows our faithfulness!

Let’s pray:

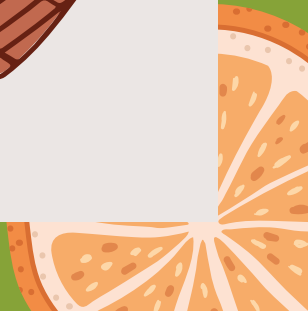
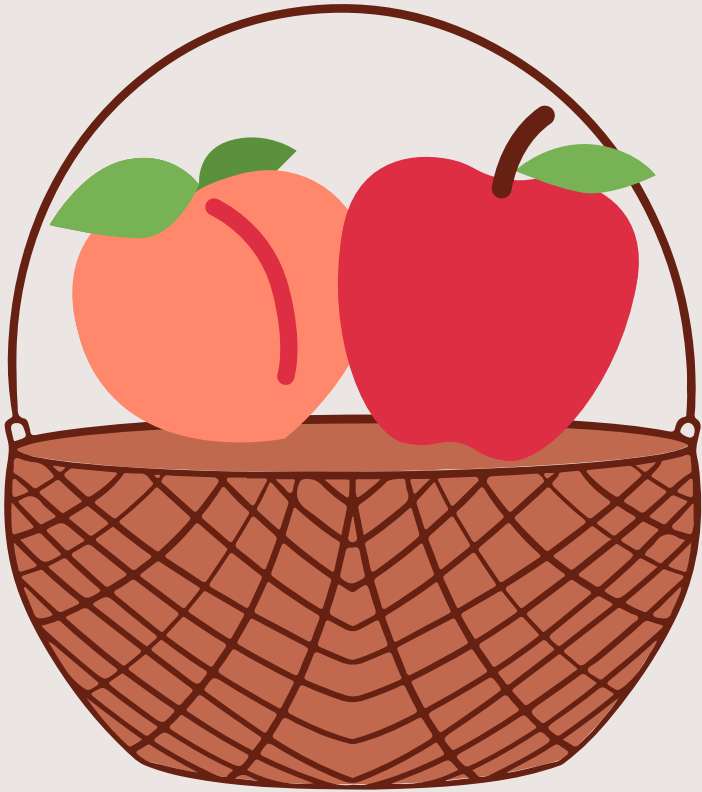
“Dear God, thank you for always being there, even when we can’t see you. Help us to be faithful to you every day! Amen.”



Faithfulness

How Can We Show Faithfulness?

Let's fill our fruit basket with faithfulness!



Gentleness

Matthew 5:5

Blessed are the meek, for they shall
inherit the earth.

“How strong are you?”

“Can you carry your toys? Can you climb on the
couch?”

God gave us strength! He is growing our bodies
and minds to be strong. Then we can jump and
climb and lift heavy things. But God also wants
us to be gentle.

Do you know what it means to be gentle? We are
gentle when we pet a kitty or bunny. We are
gentle when we hug someone. Those are times
when we are careful instead of showing how
strong we are.

God wants us to be strong but also to know when
to be gentle. This shows people how much we
care. We want people to know that God made us
strong but that we also are gentle!

Let's pray:

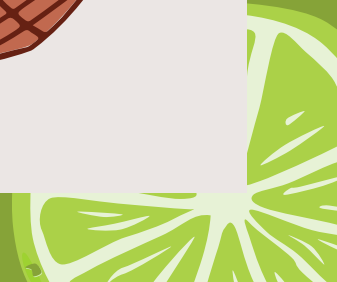
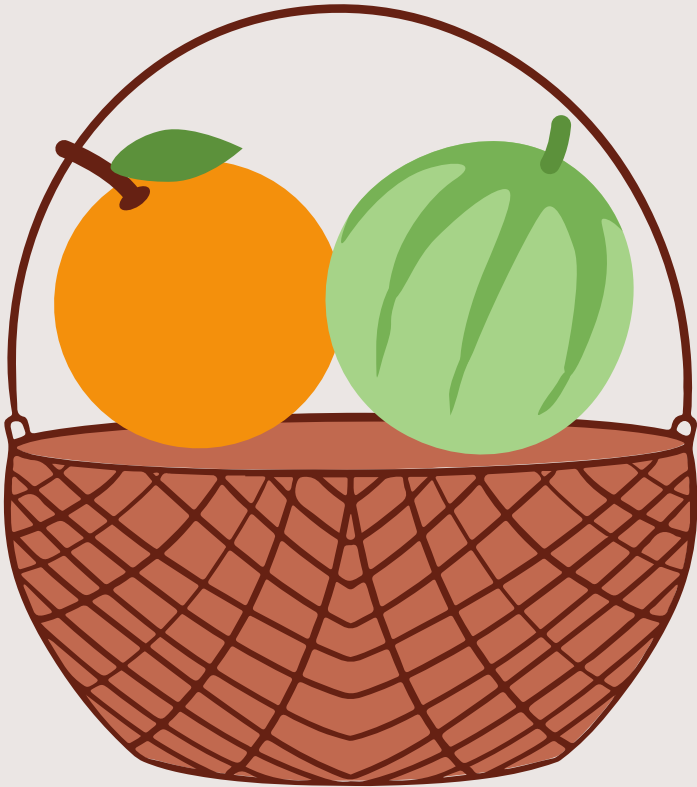
“Thank you, God, for making me strong! Please
help me to use that strength to show gentleness
too. Amen.”



Gentleness

How Can We Show Gentleness?

Let's fill our fruit basket with gentleness!



Self-Control

2 Timothy 1:7

For God gave us a spirit not of fear but of power and love and self-control.

“If I put two chocolates in front of you, and told you not to eat them, would you be able to control yourself?”

It can be hard to control ourselves when there is something good right in front of us! Like when someone has a toy we want. It might be a really fun toy and all we want to do is try it. We need to wait our turn though. We have to control our hands to keep from taking it.

God will help us though! He will give us self-control when we need it.

God wants us to treat each other with kindness and love. Sometimes that means controlling what we do and say so we don't hurt them (or ourselves). When we wait, we show God's love through us!

Let's pray:

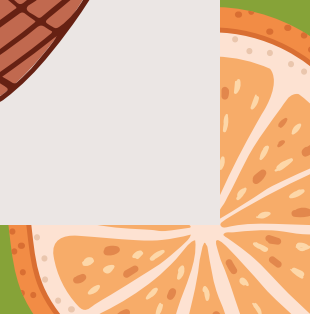
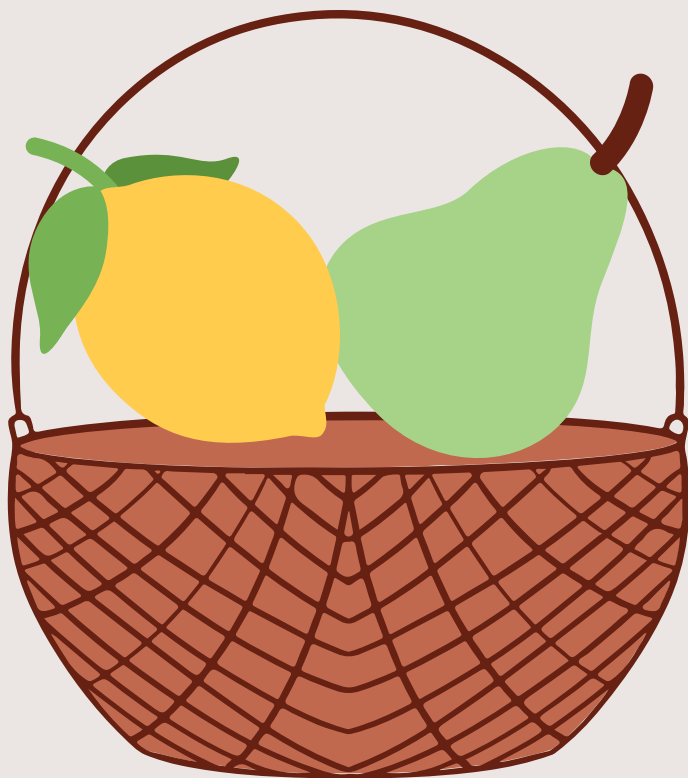
“Thank you, God, that you have so many good things for us! Please help me to control myself so I can wait for those good things.”



Self-Control

How Can We Show Self-Control?

Let's fill our fruit basket with self-control!



About the Author



Alyssa is a teacher-turned-stay-at-home mom and blogger. She writes weekly devotionals as well as other mom-related posts on her blog *Little Bit of Lavender*.

She is acutely aware of the struggles and triumphs that motherhood brings. She also knows that being a mom is a unique experience that God blesses women with. She strives to encourage and inspire mothers because we are not meant to do this alone!

If you want to know more head over to her website:

Little Bit of Lavender

Thank You For
Downloading!

I pray this free ebook will help your young children understand the fruits of the spirit.

Once you have gone through this mini devotional can you do something for me?

Head over to the physical copy available on [Amazon](#) and leave a review so others can find it and share it with their children too!

Leave a review on [Amazon](#)!

Thank you and God bless!